1085-28-1-1 (TrgO)

19 Feb 19

# 21 Royal Highland Fusiliers of Canada Army Cadet Corps

1Valor Place Cambridge, ON N1R 3P1 (519)623-6406

# Spring Trekking Exercise, Friday 12 April 2019 to Sunday 14 April 2019

Dear Parent/Guardian/Cadet,

21 RHFC Cadets will be participating in our Spring Trekking Exercise located at Camp Everton. Camp Everton is located at [5286 Seventh Line, Rockwood, ON](https://www.yellowpages.ca/bus/Ontario/Rockwood/Everton-Scout-Camp/596375.html). Cadets are to arrive at the Armoury no later than 1730 hours (5:30pm) on Friday 12 April 2019 and we will be returning to the Armoury around 1600 hours (4pm) on Sunday 14 April 2019

**Dinner will not be provided on Friday evening**. **Cadets must have eaten before arrival at the Armoury prior to boarding the bus.**

Kit List:

|  |  |  |
| --- | --- | --- |
| Clothing | Ablution Kit | Miscellaneous |
| **Underwear (3)** | **Toothbrush/paste** | **Health Card – This is a must!** |
| **Pants (NO JEANS PERMITTED) (3)** | **Face cloth/Soap OR Baby wipes** | **Duffle bag/Ruck sack** |
| **Cadet Socks (wool/polyester) (5) or equivalent** | **Sunscreen** | **Water bottle** |
| **Cadet Issued Parka/ Jacket (dark in colour preferred)** | **Deodorant** | **Mug** |
| **Sweater (2)** | **Chap stick** | **Notepad & pen & pencil** |
| **Cadet issued FTU’s or suitable civilian clothing for the field** | **Feminine hygiene products (if applicable)** | **Flashlight** |
| **Nightwear/Sleep wear** |  | **Watch** |
| **Rain Gear or equivalent** |  | **Sunglasses if desired (black frames with non mirrored lenses prefered)** |
| **T-Shirts or Quick Dry Shirts (3)** |  | **Prescribed medication (only bring what you will need for the FTX, in a ziplock bag with the Cadet’s name clearly marked on the bag)** |
| **Hat/Baseball hat** |
| **Cadet Issued Combat Boots and/or suitable \*\*\*Hiking Boots (Parade Boots and running shoes are not permitted)** |  |  |

# \*\* Under no circumstances that knives, cell phones, food, lighters, or valuables are permitted to be brought to this exercise. These items will be confiscated for the duration of the exercise and will be returned to the individual after the exercise is completed. The Officer in Charge (OIC) of this exercise is Ocdt Tara Shand, and you can reach him in an emergency at 226-201-2073\*\*

# **\*\*\* Hiking Boots need to have suitable ankle support and be comfortable to wear for long durations(Brand new boots WILL hurt the feet so it is recommended to “break them in” first\*\*\***

Tara Shand

Officer Cadet

OPI

OP Highland Hike 2019